

## Contract Addendum : Outdoor Work – COVID Version Created July 2020

- I endeavour to create a safe therapeutic environment outdoors. However, counselling outdoors is different and it is important you consider and agree to the following before we begin work outdoors.
- Whilst I have taken care to ensure the space chosen for outdoors work is safe to work in, there is always risk in being outside. Potential risks outside my control include: interactions with animals and other wildlife, uneven ground, chance of interactions with people passing, sudden changes in weather, other risks not included in this list.
- You agree to wear suitable footwear and clothing for the session and bring anything with you which you need for your comfort.
- You agree to let me know if you are uncomfortable in the space, whereupon we will negotiate what happens next.
- You agree that if we both deem the weather to be too extreme we will cancel and rebook the session.
- The session begins when we meet at our designated point and ends when we return to that point.
- By signing this you acknowledge that being outside means we may be seen by others, including people we may know. You will consider this before the session and we will discuss together how to manage these situations should they occur. As ever, I will not disclose to a third party how I know you. We will discuss what will happen if others are in earshot.
- Please consider how it will be for you to express emotions in a public space. Will it stop you saying and feeling what you need to? What will happen if you become overwhelmed by emotion? In this eventuality I will help you contain your emotion as best I can given ethical boundaries and social distancing rules.

### Covid

- If you or I are showing any symptoms of Covid, or if we have been in contact with anyone who has tested positive for Covid we will inform the other party and cancel the session. If after a session you or I discover we have Covid it will be necessary to pass contact details on to the Track and Trace officials.
- We agree to keep two metres apart. You may wear a mask if you feel comfortable with this and you can request I do too.
- Please bring your own water, tissues and hand sanitiser if appropriate.

By signing this form you have indicated that you have entered into this agreement willingly and **that I am not responsible for any injury, distress or loss that you encounter as a result of this session being held outside.**

Signed

Date

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